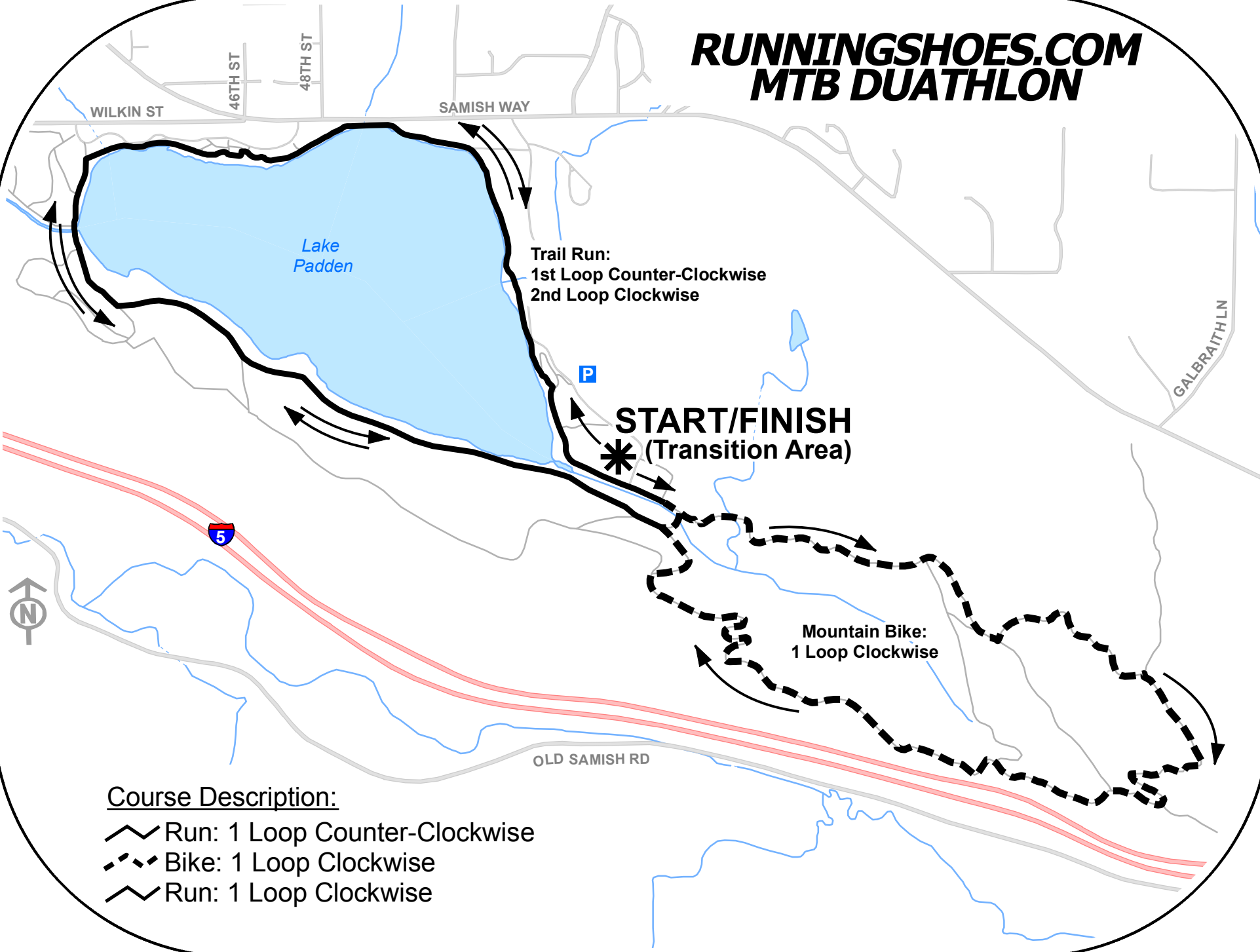


# **RUNNINGSHOES.COM MTB DUATHLON**






Trail Run:  
1st Loop Counter-Clockwise  
2nd Loop Clockwise

P

**START/FINISH**  
\* (Transition Area)

Mountain Bike:  
1 Loop Clockwise

Course Description:

-  Run: 1 Loop Counter-Clockwise
-  Bike: 1 Loop Clockwise
-  Run: 1 Loop Clockwise